

# HIGHER GROUND

Recovery | Unity | Service

District 10 | HMB Area 48

## Upcoming Events

### January 14

HMB Area Inventory Day  
Defreetsville, NY

### February 24-26

North East Regional AA Service  
Assembly Framingham, MA

### March 4

HMB Fellowship Day  
Hudson, NY

## Recent Meeting Changes

The **Au Sable Forks Saturday Morning Big Book Group** will be changing their meeting time to **10am** in January.

## This Month in AA

Jan 2, 1889 - Sister Ignatia born, Ballyhane Ireland.

Jan 25, 1915 - Dr. Bob marries Anne Ripley.

Jan 1929 - Bill W. wrote third promise in Bible to quit drinking.



## The Language of the Heart

An excerpt from an article by Bill W. in the *Grapevine* (Nov. 1972):

From the beginning, communication in AA has been no ordinary transmission of helpful ideas and attitudes. It has been unusual and sometimes unique. Because of our kinship in suffering, and because our common means of deliverance are effective for ourselves only when constantly carried to others, our channels of contact have always been charged with the language of the heart. And what is that? Let's see if I can communicate to you something of what it means to me.

At once, I think of my own doctor, William Duncan Silkworth, and how he ministered to me with the language of the heart during the last shattering years of my alcoholism. Love was his magic, and with it he accomplished this wonder: He conveyed to the foggy mind of the drunk that here was a human being who understood, and who cared without limit. He was one who would gladly walk the extra mile with us, and if necessary (as it often

## District Meetings

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 All meetings begin at 7:30pm  
 All AA members are welcome!

### February 14 - Elizabethtown

At the Fellowship Hall of  
 United Church of Christ  
 Court Street

### March 14 - Plattsburgh

At Club 12  
 1 Durkee Street

## District Servants

.....  
 District Committee Member  
 (DCM): *Mike R.*

Alternate DCM: *Sharon S.*

Treasurer: *Nancy N.*

Secretary: *Keri M.*

Accessibility: *Open*

Answering Service: *Tina W.*

Bridging the Gap: *Steven B.*

Corrections: *Open*

Grapevine: *Open*

Newsletter Editor: *Jordan C.*

PI/CPC: *Bill G.*

Records Keeper: *David K.*

Treatment: *Sue W.*

Website: *David G.*

**Anyone interested in serving in one of the foregoing positions should contact their GSR or attend the District meeting.**

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was), even the last mile of all. At that time he had already tried to help over twenty thousand drunks, and he had failed with nearly all. Only here and there had this dismal experience of futility been brightened by a genuine recovery. People wondered how he could go on, how he could still believe in the possibility of help for chronic alcoholics. Yet he did believe with a faith that never faltered. He kept saying, "Some day we'll find the answer."

He had developed some ideas of his own about what ailed drunks: They had an obsession to drink, a veritable and a destructive lunacy. Observing that their bodies could no longer tolerate alcohol, he spoke of this as an allergy. Their obsession made them drink, and their allergy was the guarantee that they would go mad or die if they kept it up. Here, in contemporary terms, was the age-old dilemma of the alcoholic. Total abstinence, he knew, was the only solution. But how to attain that? If only he could understand them more and identify with them better, then his educational message could perhaps reach into those strange caverns of the mind where the blind compulsion to drink was entrenched.

So the little doctor who loved drunks worked on, always in hope that the very next case might somehow reveal more of the answer.



## Group Anniversaries

Jan. 1, 2004 Malone - Sunday Morning Group

Jan. 1, 1974 Port Henry - Port Henry Group

Feb. 1 2001 Plattsburgh - Diamonds in the Rough

Feb. 2 2006 Plattsburgh - HOPE Group

Feb. 8 1981 Westport - Westport Group

Feb. 9 1976 Plattsburgh - Southend Group

# NERAASA 2017

26<sup>th</sup> Annual

## NORTHEAST REGIONAL A.A. SERVICE ASSEMBLY

February 24-26, 2017 – Framingham, MA

All A.A. members are welcome!

### PURPOSE:

The purpose of the Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) is for the GSRs, DCMs, Area Committee Members and Intergroup/Central Office Representatives of the Northeast Region to discuss General Service Conference related issues and concerns affecting A.A. as a whole, as well as pertinent aspects of recovery, unity and service common to the Areas of the Northeast Region.



### 2017 General Service Conference Theme:

*Supporting Our Future*

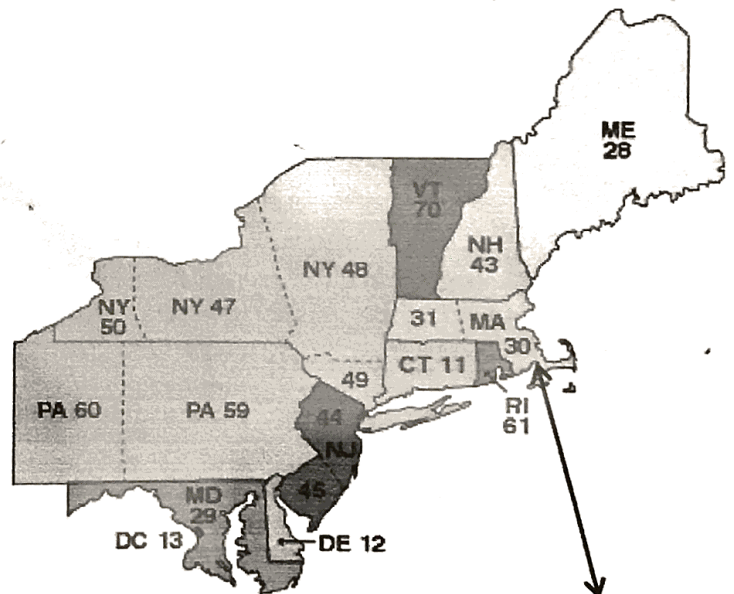
### REGISTRATION

Online registration opens September 15, 2016  
at <http://www.neraasa2017.org>

Kickoff "Redball" Meeting Thursday  
February 23 at 8:00 pm

Onsite registration begins at  
12:00 noon, Friday, February 24, 2017

Panel 1 begins on Friday at 3:00 pm



Hosted by Area 30  
Eastern Massachusetts

### NERAASA 2017 Contacts:

#### Chair:

Ken T. – 978-433-6772

#### Registrar:

Kevin D. – 508-952-2066

**Pre-registration deadline:  
January 27, 2017**